FREE DANCE INSTRUCTOR RATING REQUIREMENTS

**** Videotape Guidelines for all levels:**

1. The video must be DVD format of good quality taken within the last three (3) years.
2. The dance couple must be at the designated level for the rating.
3. The candidate will be asked to narrate the video, discussing points such as theme and style.
4. The candidate must have a back up DVD video in working condition. If the video is unable to be viewed at the time of the exam, the exam will not be permitted to continue as the exam requirement will be considered "incomplete". The exam fee will be forfeited.

1. CERTIFIED PSA FREE DANCE INSTRUCTOR (CFD)

A. Must have attended a PSA approved educational program within one year of applying to take the exam. Affidavit must be on file with the PSA office.
B. Must have completed the PSA Basic Accreditation rating.
C. Must have passed the complete **U.S. Figure Skating intermediate free dance test**, or the ISI Free Dance 6 test, or other ISU member organization equivalent; or have coached a student through one of these levels.
D. ** Must bring a DVD with a sampling of the applicant's figure skating choreographic works at the Intermediate level to the exam for review by the panel of examiners.
E. Must have a minimum of 100 hours over a two-year period of professional coaching experience with at least one of the years at the Certified Free Dance level (see C above) or higher.
F. Must pass the Certified PSA Free Dance Instructor oral exam.
G. Must have passed the Registered and Certified Sport Science & Medicine written exams.

2. SENIOR FREE DANCE INSTRUCTOR (SFD)

A. Must have attended a PSA approved educational program within one year of applying to take the exam. Affidavit must be on file with the PSA office.
B. Must have completed the Certified PSA Free Dance Instructor rating.
C. Must have passed the complete **U.S. Figure Skating junior free dance test**, or the ISI Free Dance 8 test, or other ISU member organization equivalent; or have coached a student through one of these levels.
D. ** Must bring a DVD video with a sampling of the applicant's figure skating choreographic works at the novice or junior level to the exam for review by the panel of examiners.
E. Must have a minimum of 150 hours over a three-year period of professional coaching experience with at least one of the years at the senior free dance level (see C above) or higher.
F. Must pass the Senior PSA Free Dance Instructor oral exam.
G. Must have passed the Senior Sport Science & Medicine written exam.

3. MASTER FREE DANCE INSTRUCTOR (MFD)

A. Must have attended a PSA approved educational program within one year of applying to take the exam. Affidavit must be on file with the PSA office.
B. Must have completed the Senior PSA Free Dance Instructor rating.
C. Must have passed the complete **U.S. Figure Skating senior free dance test**, or the ISI Free Dance 10 test, or other ISU member organization equivalent; or have coached a student through one of these levels.
D.. ** Must bring a DVD video with a sampling of the applicant's figure skating choreographic works at the senior level to the exam for review by the panel of examiners
E. Must have a minimum of five (5) years professional coaching experience and have coached a minimum of 250 hours over the five-year period in the discipline of free dance with a least one year (50 hours) at the master level (see C above).
F. Must pass the Master PSA Free Dance Instructor oral exam.
G. Must have passed the Master Sport Science & Medicine written exam.