

## 2017-18 FREE SKATING INSTRUCTOR RATING REQUIREMENTS

\* A video is shown at all levels - registered, certified, senior and master exams for the candidate to analyze for errors and corrections.

**NEW:** All free skating candidates will write a short written exam prior to taking the oral exam on site.

### 1. PSA REGISTERED FREE SKATING INSTRUCTOR (RFS):

- A. Must have attended a PSA approved educational program within one year of applying to take an exam. Affidavit must be on file with the PSA office.
- B. Must have completed the basic accreditation (BA) rating or foundations of coaching course (FCC).
- C. Must have completed **one** of the following:
  - a. Have passed the complete U.S. Figure Skating preliminary or Adult bronze free skate test, or the ISI freestyle 4 test, or other ISU member organization equivalent; **or**
  - b. Have coached a student through one of these levels.
- D. Must have a minimum of 50 hours over a one-year period of professional coaching experience with at least one of the years at the registered free skating level (see C above) or higher.
- E. Must have passed the registered sport science & medicine exam.
- F. Must pass the registered free skating instructor written exam.
- G. Must pass the registered free skating instructor oral exam

### 2. PSA CERTIFIED FREE SKATING INSTRUCTOR (CFS):

- A. Must have attended a PSA approved educational program within one year of applying to take an exam. Affidavit must be on file with the PSA office.
- B. Must have completed the registered free skating instructor rating.
- C. Must have completed one of the following:
  - a. Passed the U.S. Figure Skating juvenile free skate test or Adult gold, or the ISI freestyle 6 test, or other ISU member organization equivalent; **or**
  - b. Have coached a student through one of these levels.
- D. Must have a minimum of 100 hours over a two-year period of professional coaching experience with at least one of the years at the certified free skating level (see C above) or higher.
- E. Must have passed the certified sport science & medicine exam.
- F. Must pass the certified free skating instructor written exam.
- G. Must pass the certified free skating instructor oral exam.

### 3. PSA SENIOR FREE SKATING INSTRUCTOR (SFS):

- A. Must have attended a PSA approved educational program within one year of applying to take an exam. Affidavit must be on file with the PSA office.
- B. Must have completed the certified free skating instructor rating.
- C. Must have completed one of the following:
  - a. Passed the U.S. Figure Skating novice free skate test, or ISI freestyle 8 test, or other ISU member organization equivalent; **or**
  - b. Have coached a student through one of these levels.
- D. Must have a minimum of 150 hours over a three-year period of professional coaching experience with at least one of the years at the senior free skating level (see C above) or higher.
- E. Must have passed the senior sport science & medicine exam.

- F. Must pass the senior free skating instructor written exam.
- G. Must pass the senior free skating instructor oral exam.

**4. PSA MASTER FREE SKATING INSTRUCTOR (MFS):**

- A. Must have attended a PSA approved educational program within one year of applying to take an exam. An Affidavit must be on file with the PSA office
- B. Must have completed the senior free skating instructor rating.
- C. Must have completed **one** of the following:
  - a. Passed the U.S. Figure Skating senior free skate test, or (no ISI test) or other ISU member organization equivalent; **or**
  - b. Have coached a student through one of these levels.
- D. Must have a minimum of five (5) years professional coaching experience and have coached a minimum of 250 hours over the five-year period in the discipline of Free Skating with a least one year (50 hours) at the master level (see C above).
- E. Must have passed the master sport science & medicine exam.
- F. Must pass the master free skating instructor written exam.
- G. Must pass the master free skating instructor oral exam.

The following content will be covered in each level of rating exam:

Registered – No test, pre-preliminary, and preliminary free skate tests

Certified – Pre-juvenile and juvenile free skate tests

Senior – Intermediate and novice free skate tests

Master – Junior and senior free skate tests

**EFFECTIVE:**

At the master rating site in October 2017.